

BEAM Bulk Food Scheme



Providing wholesome foods for our local community

Would you like to:

- Obtain better quality food direct from wholesalers and producers?
- Reduce packaging & “food miles”?
- Save time & feed your family for less?
- Contribute to community resilience by building local food security?
- Get together with other like-minded people and share knowledge about local foods, markets, recipes and other food-related activities?
- Reduce your reliance on the big supermarkets?



Well now you can! *BEAM Mitchell Environment Group* is now offering a bulk food scheme to residents of the Mitchell Shire and surrounds. The Bulk Food Scheme obtains local organic (including bio-dynamic) and ethically produced foods at an affordable cost.

How to get involved

You need to be a BEAM member or registered volunteer - so you have access to our public and product liability insurance. As an organization, we are able to access many goods at wholesale prices then pass the savings on to you.

We encourage hands-on involvement in the bulk food scheme. Helping out with ordering, inventory, weighing foods or delivering orders will keep costs down and ensure the sustainability of the scheme. Our public liability insurance will cover you while handling food and lifting bags.

Orders will be completed quarterly, with a focus on seasonal buying: February, May, August and November. You will need to complete your order by email or phone by the due date, then pay for your order prior to delivery.

For further information about the *Bulk Food Scheme*, head to www.beam.org.au or contact the *Bulk Food Scheme Administrator*, Cynthia Lim on email Cynthia@bluetongueberries.com.au or 0403 831 520.

